



UF/IFAS Extension Family Nutrition Program



HEALTHY KIDS, HEALTHY FUTURE

***Free
CEUs!**

*for qualifying sites

HEALTHY KIDS, HEALTHY FUTURE

is a free and interactive **training series** for **early learning professionals** on how to encourage children to make healthy choices.

You'll receive:

- **Materials and resources** for short and fun classroom activities about fruits, vegetables, physical activity, and more.
- **Personalized support** and **free access** to [Go NAPSACC](#), a widely used tool for improving healthy eating and physical activity in early childcare settings.
- **Training** on best practices to support healthy learning environments.

If you require special accommodations, such as interpreter services for the deaf or hard of hearing, please contact us at least 4 days before the program begins. TTY/TTD/FRS dial 711.

WHERE:

WHEN:

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